



Family Learning Online Workshops Nov-Dec 2025

Workshops are held online using Teams.

These workshops aim to help you feel empowered at managing those tricky situations knowing you are doing the best for your child and yourself. You will gain insight into how to strengthen your family's self-esteem and resilience; and practise strategies to encourage positive behaviour. These workshops are aimed at parents/carers of primary school age children.

Mondays			
To Book	COURSE TITLE and COURSE CODE	DATE	TIME
Visit website or phone	Emotional Regulation - P07906	Mon, 10/11/25	12:00 - 13:30
Visit website or phone	Positive Discipline - P07910	Mon, 17/11/25	12:00 - 13:30
Visit website or phone	Implementing Effective Routines - P07916	Mon, 24/11/25	12:00 - 13:30
Visit website or phone	Developing Resilience - P07918	Mon, 1/12/25	12:00 - 13:30

Fridays			
To Book	COURSE TITLE	DATE	TIME
Phone	Emotional Regulation	Fri, 14/11/25	13:00 - 14:30
Phone	Positive Discipline	Fri, 21/11/25	13:00 - 14:30
Phone	Implementing Effective Routines	Fri, 28/11/25	13:00 - 14:30
Phone	Developing Resilience	Fri, 5/12/25	13:00 - 14:30

To enroll, contact Oxfordshire Adult Learning by phone.



01235 216 278

Visit the website and search 'Family Learning'

www.abingdon-witney.ac.uk