



Would you like to:

- » *feel more confident as a parent/carer?*
- » *develop stronger relationships with your child?*
- » *experience less stress and conflict in family life?*
- » *have a better understanding of your child's emotions and behaviour?*

COUNSELLING *for parents*

There are times when, as parents, we need a listening ear.

I provide a safe and confidential space, free of judgement and expectation.

I believe in building a healthy working relationship between client and therapist so that difficult and challenging issues can be explored and better understood.

EMAIL ME:

bethjacobs2208@gmail.com

Beth Jacobs

BSc Ed, MA

Integrative Arts Psychotherapist

BACP

