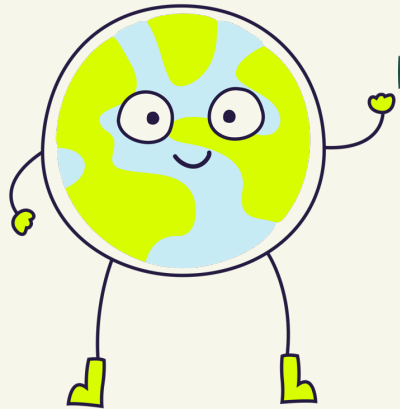
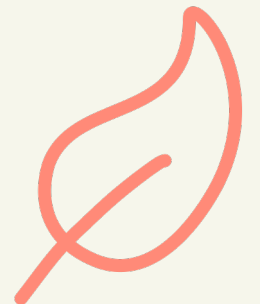


Young Climate Warriors



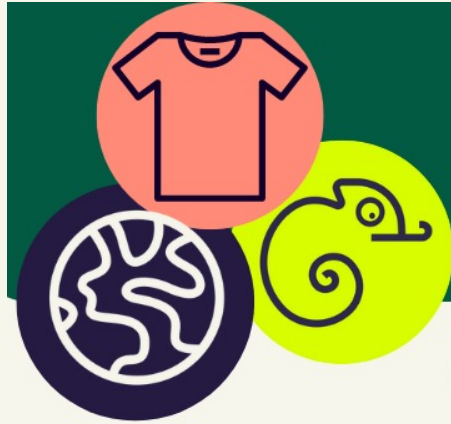
How did the Paper
Challenge go?

What actions did you take to
Reduce, Reuse and Recycle paper?



'Humans are very adaptable: we can still fix this. But the opportunity to do so will not last for long. We must start today. We have no more excuses.'

Greta Thunberg

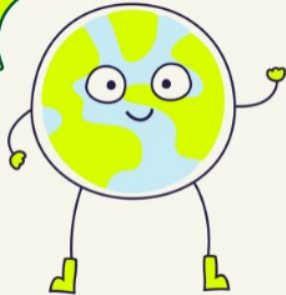


Become a washing wizard!!

How many times does your family use the washing machine ... per week ... per year?

Become a 'washing wizard' – make your laundry pile disappear! Spot clean your uniform, think 'does it really need washing, can I wear it again instead?'

This week's
challenge:
10th May



Dazzle your parent/carer by offering to hang out the washing to dry?

Help load the washing machine – wait and only run a full load – and at 30 degrees!



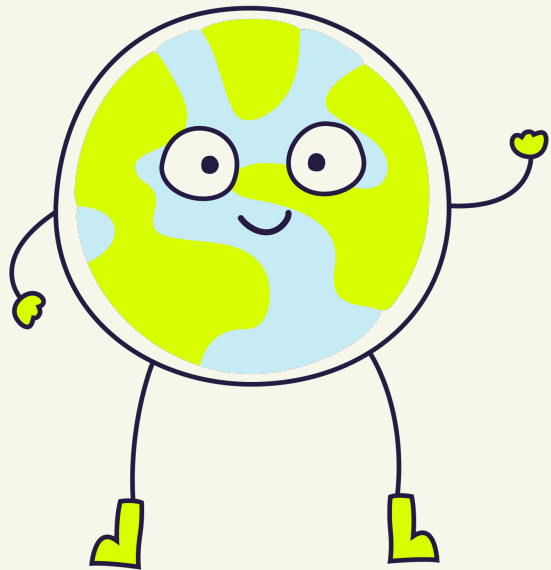
YOUNG
CLIMATE
WARRIORS

When you've completed this challenge ... Remember to hit the red button!



- By reducing the washing machine temperature from 40° to 30°, you will reduce the amount of electricity used, and associated carbon emissions, by 40%.
- Every time we wash our clothes, up to 700,000 tiny 'microplastic' fibres can be released into our environment. When they reach the ocean, microplastics are thought to reduce the oceans' ability to absorb carbon.
- Reduce your annual washing by 1 wash cycle per week – you could save 15kg of carbon emissions and 2,600 litres of water.





TRANSFORM
INTO A WASHING
WIZARD!

Make some laundry
magically disappear by
asking: 'Is it really
dirty? Can it be
'spot' cleaned?'



Things to think about

Top tips for being a washing wizard:

Before you put clothes in the wash stop and think:

Are they really dirty?

Can I spot-clean them?

If your clothes do need a wash, wait until you have a **full load** and wash at **30°**.

How hard does
your washing machine
work in a week or a year?

Keep a tally this week.

Why do you think this is
relevant to climate
change?

Have you
heard of
Microplastics
before?

What types of clothes
do you think microplastics
come from?

How do you think they could end
up in our food and drinking
water?

Find out more [here](#).

